FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Washington, D.C. 20549	
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OMB Number: ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Estimated average burden **OWNERSHIP**

OMB APPROVAL

3235-0362

\Box	Form 3 Holdings Reported.
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Instruction 1(b).

Form 3	Holdings Repo	OWNERSHIP									ho	urs per	response:	1.0								
Form 4	Transactions R	eported.	File	ed pursuant to or Sectior					ities Excha ompany Ac													
1. Name and Address of Reporting Person* HORNBECK LARRY D				HORN	2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]						5. Relationship of Repo (Check all applicable) X Director			orting Po	. ,	Issuer Owner						
(Last)	(Fir	st) (1 95, PO BOX 59	Middle)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2009						Year)		Office below				r (specify w)					
(Street) LOVELA	ADY TX		5851 Zip)	4. If Amen	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Indiv Line) X								Form	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person								
		Table	e I - Non-Deriv	ative Sec	uritie	s Ac	quire	d, Di	sposed	of, or	Benefic	ially	/ Owne	ed								
Date			2A. Deemed 3. Execution Date, if any Code (Ins. (Month/Day/Year) 8)							Sed 5. Amount of Securities Beneficially Owned at end of			6. Ownership Form: Direction (D) or		7. Nature of Indirect Beneficial Ownership							
				(monangay)	unbay/reary 0,			Amount		(A) or (D)	Price		Issuer's	er's Fiscal Ind			(Instr. 4)					
COMMO	N STOCK															158	3,272		D			
COMMO	N STOCK		03/26/2009			C	3	30	,000	A	\$0	0 1 30.000 1 1 1 2					by family trust ⁽¹⁾					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Derive Secur Acque (A) or Disposof (D) (Instr	of Expin (Mon Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year) Date Exercisable Expiration Date Date Exercisable		on Date Amou Secul Unde Deriv Secul and 4		De Se	Price of trivative curity str. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	re es ally g d tion(s)	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)					

Explanation of Responses:

1. Reporting person serves as a co-trustee and holds voting power pursuant to a power of attorney for shares held in a family trust.

/s/ Paul M. Ordogne, as poa for 02/12/2010 Larry D. Hornbeck

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.