

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HORNBECK TODD M</u> (Last) (First) (Middle) <u>103 NORTH PARK BOULEVARD, SUITE 300</u> (Street) <u>COVINGTON LA 70433</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>HORNBECK OFFSHORE SERVICES INC</u> <u>/LA [HOS]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) President & CEO
	3. Date of Earliest Transaction (Month/Day/Year) <u>02/23/2011</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
COMMON STOCK	02/23/2011		A		41,633 ⁽¹⁾	A	\$0	749,015	D	
COMMON STOCK	02/23/2011		A		41,634 ⁽⁴⁾	A	\$0	790,649	D	
COMMON STOCK	02/24/2011		S		6,060 ⁽⁶⁾	D	\$27.024 ⁽⁷⁾	28,400	I	By Limited Partnership ⁽²⁾
COMMON STOCK	02/25/2011		S		28,400 ⁽⁶⁾	D	\$27.1578 ⁽⁸⁾	0	I	By Limited Partnership ⁽²⁾
COMMON STOCK								1,650	I	By Wife
COMMON STOCK								50,000	I	By Family Trusts ⁽³⁾
COMMON STOCK								70	I	By UTMA custodian for child
COMMON STOCK								220	I	By IRA

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
STOCK OPTION (RIGHT TO BUY)	\$24.86	02/23/2011		A		83,266		02/23/2012 ⁽⁵⁾	02/23/2021	COMMON STOCK	83,266	\$0	83,266	D	

Explanation of Responses:

- These time-vest restricted stock unit awards will vest in three equal annual installments on the 1st, 2nd and 3rd anniversaries of the Grant Date.
- Represents shares beneficially owned by the Reporting Person through a limited partnership.
- Represents shares beneficially owned by Reporting Person through various family trusts.
- These performance-vest restricted stock unit awards can vest in whole or in part on the 3rd, 4th, and/or 5th anniversaries of the Grant Date based upon the Company achieving certain levels of specified performance objectives.
- The option provides for vesting in three equal annual installments on the 1st, 2nd and 3rd anniversaries of the Grant Date.
- This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the limited partnership on December 17, 2010. This sale represents shares transacted as part of the Reporting Person's extended family's overall wealth planning program.
- The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$27.00 to \$27.20. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.
- The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$27.00 to \$27.57. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.

/s/ Paul M. Ordogne, as poa for 02/25/2011
Todd M. Hornbeck

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

**** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).**

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.