

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>HORNBECK TODD M</u>  (Last) (First) (Middle) 103 NORTH PARK BOULEVARD, SUITE 300  (Street) COVINGTON LA 70433  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>HORNBECK OFFSHORE SERVICES INC</u> <u>/LA [ HOS ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <b>President &amp; CEO</b>
	3. Date of Earliest Transaction (Month/Day/Year) 12/16/2010	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
COMMON STOCK	06/30/2010		J		500 <sup>(6)</sup>	A	\$12.41	791,217	D	
COMMON STOCK	12/16/2010		M		27,100 <sup>(4)</sup>	A	\$6.625	818,317	D	
COMMON STOCK	12/16/2010		S		27,100 <sup>(4)</sup>	D	\$20.7072 <sup>(7)</sup>	791,217	D	
COMMON STOCK	12/16/2010		S		34,460 <sup>(5)</sup>	D	\$20.6922 <sup>(8)</sup>	103,380	I	By Limited Partnership <sup>(1)</sup>
COMMON STOCK	12/17/2010		S		34,460 <sup>(5)</sup>	D	\$20.9686 <sup>(9)</sup>	68,920	I	By Limited Partnership <sup>(1)</sup>
COMMON STOCK								1,650	I	By Wife
COMMON STOCK								50,000	I	By Family Trusts <sup>(2)</sup>
COMMON STOCK								70	I	By UTMA custodian for child
COMMON STOCK								220	I	By IRA

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
STOCK OPTION (right to buy)	\$6.625	12/16/2010		M			27,100	(3)	03/09/2011	COMMON STOCK	27,100	\$0	0	D	

**Explanation of Responses:**

- Represents shares beneficially owned by the Reporting Person through a limited partnership.
- Represents shares beneficially owned by Reporting Person through various family trusts.
- The option vested in equal installments on March 9, 2001, 2002, 2003, 2004 and became fully vested on the date of the Company's initial public offering.
- Broker-assisted exercise and sale of an option granted March 9, 2001 that would expire on March 9, 2011.
- Represents shares transacted as part of the Reporting Person's overall family wealth planning program.
- Acquired through the Company's Employee Stock Purchase Plan (ESPP).
- The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$20.62 to \$20.79. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.
- The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$20.64 to \$20.91. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.
- The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$20.95 to \$21.01. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.

/s/ Paul M. Ordogne, as poa for 12/17/2010  
Todd M. Hornbeck

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**